

CHILDREN/YOUTH PROGRAMMES SUPPORTED BY SPH FOUNDATION 2010

S/N	NAME OF PROGRAMME	DESCRIPTION
1	Eden School (Autism Association Singapore)	<p><u>Objective of Programme:</u></p> <ul style="list-style-type: none"> • To provide a conducive and nurturing environment and an appropriately balanced education that caters to the needs and development of each child. <p><u>Description of Programme:</u> This is a special school that provides education and training to help children with moderate to severe autism aged 6 to 18 years old to acquire the necessary skills, attitude and personality to lead normal independent lives in adulthood.</p>
2	SINDA Family Service Centre (Singapore Indian Development Association - SINDA)	<p><u>Objective of Programme:</u> SINDA FSC is a community-based focal point of family resources, which anyone in need can turn to for social support. The FSC promotes and strengthens the social well-being of families and help them work towards self-reliance. SINDA FSC works in collaboration with other community agencies to holistically meet the needs of families.</p> <p><u>Description of Programme:</u></p> <p>a) Enhanced Information and Referral (Enhanced I&R): Enhanced I&R helps link individuals and families to appropriate community resources and service providers in a timely manner. The FSC commonly receives and make referrals to Community Development Councils (CDCs), schools, grassroots organisations and other relevant community agencies.</p> <p>b) Casework and Counselling (C&C): C&C focuses on helping individuals/ families to develop insight into their situation and explore ways of handling and resolving their issues. Examples of issues include marital, parenting and financial difficulties.</p> <p>c) Another programme provided by the FSC is Project Athena: The programme empowers single mothers who have the challenge of bringing up their child/children to develop long term solutions to their challenges and to enable them to form deeper bonds with their children. It also provided a platform for the children to be engaged in enrichments activities</p>
3	SCS Clementi Centre	<p><u>Objective of Programme:</u></p> <ul style="list-style-type: none"> • To serve needs of at-risk students aged 5 to 18 years (nation-wide) through school

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	(Students Care Service)	<p>social work</p> <ul style="list-style-type: none"> • To enable students to derive optimal benefit from the educational experience by working in partnership with school systems through preventive, developmental and remedial programmes <p><u>Description of Programme:</u> It is a community-based social service agency serving the needs of students. It has a team of professional staff comprising social workers, learning support specialists* and educational psychologist*.</p> <p>Its mission is to be a leading social service agency in enabling students to maximise their potential, by working in partnership with schools, families and others in the community.</p> <p><u>Centre-based services:</u></p> <ol style="list-style-type: none"> i. Counselling & Casework ii. Educational Psychology Service^ iii. Youth Service (includes training; drop-in; groupwork; befriending and mentoring and outreach) <ol style="list-style-type: none"> a) YOUTH COP: YOUTH COP (Community on Patrol): Engage vulnerable students to increase their resilience and reduce risk factors. Selected students attended training and an evaluation of their behaviour before being appointed as YOUTH COP members. b) Love Express: Programme to reach out to teenage female students involved in boy – girl relationships. Love Express aims to teach them to respect, protect and care for themselves in their relationships with significant others. c) Learn, Explore, Achieve & Discover (L.E.A.D.): A group work programme for Secondary 3 Normal Academic students. LEAD aims to facilitate the process for students to learn about their strengths, achieve a measure of success and learn how to work toward their goals. Through this programme, students learnt how to set goals for themselves and motivate themselves.

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		<ul style="list-style-type: none"> iv. Family Life Education & Enrichment (through parents support groups, training workshops and educational talks) v. Children Service (includes preventive, social & educational programmes and holiday activities) <ul style="list-style-type: none"> a) Reading Stars In this programme, children learn reading and social skills. Positive behaviour of the children is reinforced by affirmation and rewards. vi. Volunteer Development <p><u>School Social Work:</u></p> <ul style="list-style-type: none"> i. Counselling & casework Caseworkers conduct home visits and rapport building to engage the client and their family so as to render support and assistance. While receiving aid, clients also gain motivation to develop themselves as individuals. Casework Support Programme Students on this programme receive additional help on befriending and tuition. Supported by the NUS Community Service Club, befrienders also provide academic support to students. ii. Groupwork and/or workshops iii. Drop-in iv. Students' and teachers' training v. Parent Education
4	KIP (Kids in Play) (The Salvation Army)	<p><u>Objective of Programme:</u> This is an outreach programme started since January 2000.</p> <p>Programme aims to provide care and support for Children and Youth (5-15 years) with incarcerated parents. It seeks to also prevent them from taking the wrong course in life due to a lack of adult mentors as well as to bring about reconciliation in the family through forgiveness and acceptance.</p> <p>Through this approach, the affected families (esp. the primary caregivers) will also receive</p>

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		<p>crucial and practical assistance/counseling required to help them manage their situations, and keep the family nucleus united in their adversity.</p> <p><u>Description of Programme:</u> The programme provides befriending services for Children and Youths (5-15 years) through a staff befriender who functions as a role model.</p> <p>Scope of Services includes:</p> <ul style="list-style-type: none"> • Early assessment of immediate needs based on regular contacts with the families. • Offer practical help, befriending (to children) and provide intensive support to primary caregivers/remaining parent to manage their financial, emotional and related challenges. This might include family intervention. • Support network for children who share similar experiences of their parents in and out of prison. This would be achieved through a support group setting (8 times a year) runs on special themes to inculcate values for children (aged 5-12) to cope more effectively and foster a stronger bond with their incarcerated parent/s. • Encourage the children to remain proactive in keeping close contact with their parent/s while they serve their jail term and after he/she is released from prison. • Offer a listening ear and conduit for imprisoned fathers' and mothers' expressions of concern inside prisons, to address them and provide a platform for discussion to cope with their anxiety of returning home. • Through other meaningful activities (i.e. family outings, family camps & etc)
5	Lighthouse School (Singapore School for the Visually Handicapped)	<p><u>Objective of Programme:</u> To provide a comprehensive education programme that will meet the individual needs of the children with disabilities and enhance their development intellectually, socially, emotionally and physically.</p> <p>To assist the students to develop an understanding of their unique skills, abilities, limitations and interests, thus preparing them for mainstream curriculum or employment.</p> <p><u>Description of Programme:</u> The school runs the following programmes:</p> <ul style="list-style-type: none"> • A mainstream curriculum for visually impaired, hearing impaired and students with

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		<p>autism who are able to do primary mainstream curriculum</p> <ul style="list-style-type: none"> • Life skills programme for visually impaired and hearing impaired students who also have intellectual disability and are not able to cope with mainstream curriculum. <p>The school uses the Total Communication approach for its hearing impaired students. Co-curricular Activities include swimming, gardening, music, art and crafts, indoor games and outdoor games.</p>
6	<p>Metta School (Metta Welfare Association)</p>	<p><u>Objective of Programme:</u> To provide special education through its Life Centred Career Education Programme, so that its graduates will be able to secure and establish gainful employment.</p> <p><u>Description of Programme:</u> The special school provides special education for children with mild (IQ 50 - 70) to moderate (IQ below 50) intellectual disability and autism, aged 7 - 21 years old.</p> <p>The programmes are designed to cater to the students' intellectual, social, moral, physical and aesthetic development. The curriculum allows them to receive education at a pace and level that suit their learning needs.</p> <p><u>For students 6 to 12 years old:</u></p> <ul style="list-style-type: none"> • The curriculum encompasses: • Academic subjects such as general English Language and Mathematics, Second Language and Science • Performing & Visual Arts • Information Technology • Self-Help/General Skills • Physical Education • Moral & Sexuality Education <p><u>For students 13 to 15 years old:</u> The same curriculum is taught but more emphasis is placed on pre-vocational skills (inclusive of Domestic Science).</p>

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		<p><u>For students 16 to 18 years old:</u> The curriculum remains unchanged but specialisation skills in the following areas are taught: Housekeeping, Food and Beverage Service/Food Preparation, Sales and Customer Service Manicure.</p> <p>This gives the students the opportunity to learn a trade of their interest so that they will be prepared for employment after graduation. In addition, psychological and social services, speech and occupational therapy services are provided to address their physiological and emotional needs.</p>
7	Rainbow Centre - Yishun Park School (Rainbow Centre)	<p><u>Objective of Programme:</u></p> <ul style="list-style-type: none"> • To provide special education and rehabilitative services for children below 18 years old and who have multiple disabilities. • To provide a structured programme for children with autism, autistic tendencies or associated severe behaviour or communication problems between the ages of 5-18 years old. • To encourage parental involvement in the training programme for their child and educational activities of the Association and its school. • To promote public education and awareness of the special needs of children with intellectual disabilities, multiple disabilities and autism. • To encourage and support the formation of the Parents Support Group to help new parents of disabled children. • To provide opportunities for staff training with the aim to establish a pool of local suitably qualified teachers and professionals. • To research into the causes and effective management and treatment of the various learning disabilities (pertaining to the needs of people served by Rainbow Centre). <p><u>Description of Programme:</u> The School runs a programme for children with multiple disabilities, aged 5 - 18 years old; and a Structured Teaching Programme for autistic children, aged 5 - 18 years old.</p> <p>The school provides special education opportunities for children with developmental disabilities and multiple disabilities, which may include a combination of intellectual, physical, visual and/or hearing impairments</p>

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		<p>Due to the diverse needs of the children, they are grouped according to their special needs, level of functioning and potential. All children have a tailored Individualised Education Plan (IEP) to meet their needs.</p> <p>The school caters for children with autism and multiple disabilities. As such, intensive support is needed for each child. For example the Structured Teaching for Exceptional Pupils (STEP) is a highly structured individualised teaching programme for children with autism or associated severe behavioural problems.</p> <p>With effect from January 2010, STEP will be extended to cater for children with autism aged 13 to 18 years old. The extended STEP programme will be offered in Yishun Park School.</p> <p>For the children with multiple disabilities, classes are taught by special education teachers with support of therapists and psychologists in basic mobility, communication and social skills.</p>
8	<p>SADeaf Community Integration Support for the Hearing Impaired</p> <p>(Singapore Association for the Deaf)</p>	<p><u>Objective of Programme:</u> The programme aims to equip persons with hearing impairment with the appropriate skills to adjust to the demands in mainstream education, while meeting their individual developmental milestones.</p> <p>The agency works with the students, their parents and the schools to provide a conducive physical and social environment for the students to grow and learn in.</p> <p><u>Description of Programme:</u> Students receive services in areas pertaining to social-emotional support, learning support, technical aides support, speech therapy and counselling.</p> <p>The programme provides parents with access to home-based consultancy services, counselling and parent support programmes. Teachers are trained on classroom management skills and effective ways to teach the hearing impaired students in their classes.</p>

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9	<p>SCAS Early Intervention Programme for Infants and Children</p> <p>(Spastic Children's Association of Singapore)</p>	<p><u>Objective of Programme:</u> SCAS EIPIC aims to increase the developmental growth potential of the child and minimise the adverse effects of the disabilities through the provision of multi-disciplinary support involving therapists, psychologist, social worker and special needs teacher/educationist.</p> <p><u>Description of Programme:</u> The programme adopts a holistic approach for the total development of the child in the following domains: cognitive, fine and gross motor, emotional, social, physical and self-help.</p> <p>This is done through the provision of multi-disciplinary support involving therapists, psychologist, social worker and special needs teacher/educationist. The programme also involves and supports caregivers.</p> <p><u>Target Group:</u> Children aged 0 to 6 years old diagnosed to be at risk of having a disabling condition or special need that will affect his or her development. The centre serves children of all disability types.</p> <p>EIPIC centres operate based on a similar service model, key features of which include:</p> <ol style="list-style-type: none"> i. Provision of education and therapy services to help children with disabilities achieve and sustain developmental goals towards preparing them for school. ii. Individualised Education Plan (IEP) that is based on the needs of each child in the developmental areas of motor skills, cognition, communication, socialisation and self-help skills. iii. Involvement of an interdisciplinary team of professionals and parents in the setting of goals for each child's IEP. iv. Regular review of IEPs i.e., at least once in 6 months. v. Regular tracking of milestones and outcomes achieved by each child. These are reported to NCSS on a half-yearly basis. vi. Emphasis on caregiver enskilling to ensure effective transfer of skills and to reduce dependency.

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10	Woodlands Gardens School (Movement for the Intellectually Disabled of Singapore)	<p><u>Objective of Programme:</u></p> <ul style="list-style-type: none"> • To maximise the potential and ability of intellectually disabled children through special education, so as to enable them to live as independently as possible. • To undertake activities and programmes in order to achieve the above goals. <p><u>Description of Programme:</u> The special school provides special education for children with moderate intellectual disability (IQ below 50) and autism, aged 7 - 18 years old.</p> <p><u>Junior Programme (7 to 12 years old):</u> The Junior programme further expands the skills taught in the pre-school programme to equip students with basic foundation in independence and employment skills.</p> <p>Art and craft, music, P.E. and swimming activities are included to provide the students with leisure skills and enjoyment.</p> <p><u>Senior Programme (13 to 18 years old):</u> During this stage of the students' education, the programme focuses on imparting employment and vocational skills to prepare the students to lead an independent life.</p> <p><u>Special Programme (5 to 18 years old):</u> The Special programme caters to the educational needs of the low ability students. Each student requires a tremendous amount of individual attention; as such the student to teacher ratio is small. The programme emphasises the learning of basic independent living skills such as toileting, dressing, feeding and grooming skills.</p> <p>The learning of independent living skill is reinforced and complemented by other subjects.</p> <p>The students in this programme are encouraged to express themselves using various forms of expressive language such as signs and pictures. Verbal and visual prompts are used to enhance the learning of the pupils.</p>

* includes direct service users, caregivers and public education outreach